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## References

1. [https://www.nhs.uk/conditions/tinnitus/](#)  
2. [https://www.nhs.uk/conditions/tinnitus/](#)  
3. [https://www.nhs.uk/conditions/tinnitus/](#)

## Alternative formats

1. [https://www.nhs.uk/conditions/tinnitus/](#)  
2. [https://www.nhs.uk/conditions/tinnitus/](#)

## BTA publications

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## Feedback

For more information on our services, or to provide feedback, please contact us on the following details:

**0114 250 9933**

**[communications@tinnitus.org.uk](mailto:communications@tinnitus.org.uk)**

## Acknowledgements

We would like to thank the following organisations for their support and contribution to the development of this information:

### British Tinnitus Association

For more information on our services, or to provide feedback, please contact us on the following details:

**[helpline@tinnitus.org.uk](mailto:helpline@tinnitus.org.uk)**  
**0800 018 0527**  
**07537 416841**  
**[tinnitus.org.uk](http://tinnitus.org.uk)**

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